

Appetizers

- **Artisan Cheese Platters** available through our *Specialty Cheese Dept.* starting at \$49.99 for 10-15; \$79.99 for 20-25
See our Specialty Cheese Staff for details
- **Deviled Eggs** - 69¢ ea or \$7.99 doz.
- **Chicken Wings & Drummettes** - 3 flavors: Honey-BBQ, Spicy Buffalo, and Teriyaki, served with Blue cheese dip \$39.99 serves 10-12, \$78.99 serves 20-25
- **Chicken Satay** - grilled skewers with a zesty peanut sauce \$1.79 ea
- **Beef Brochettes** - skewers of beef, onion & peppers with teriyaki glaze \$2.49 ea
- **Coconut Shrimp skewers** - large prawns fried in festive coconut batter \$1.89 ea
- **Shrimp Purses** - minced shrimp and onion filling wrapped in phyllo dough \$1.09 ea.
- **Spanakopita** - spinach & cheeses wrapped in a traditional phyllo triangle \$1.89 ea.
- **Mini Quiche** - Lorraine, 3 cheese, Florentine & Mushroom varieties \$1.49 ea.
- **Pastry Puffs** - all-butter, tender, flaky & delicious, including (but not limited to):
 - **Sautéed Mushroom** \$2.29 ea.
 - **Caramelized Onion** \$2.09 ea.
 - **Apple & Brie Cheese** \$2.09 ea.
 - **Seafood Thermidor** \$2.79 ea.

Other “finger-food” platters available through our **Cold Deli Menu.**

Serving guidelines for side dishes:

½ cup per person is a basic serving suggestion.
1 quart serves 6-8 average side dish servings;
½ pan serves 15-20; Full pan serves 30-35

Side Dishes

Item	1 quart.	½ pan	Full pan
• Mashed Potatoes	\$5.99	\$16.99	\$32.99
• Garlic Mashed Red Potatoes	\$6.99	\$17.99	\$33.99
• Roasted Red Potatoes - with fresh rosemary, olive oil & garlic.	N/A	\$26.99	\$52.99
• Au Gratin Potatoes - Sliced potatoes in a lightly seasoned, Cheddar cheese sauce.	N/A	\$24.99	\$48.99
• Baked Potatoes - 99¢ each			
• Brown or White Rice - \$2.19/lb.			
• Rice Pilaf	N/A	\$19.99	\$38.99
• Oven Roasted Seasonal Veggies	\$15.99	\$42.99	\$84.99
• Any organic or traditional vegetable - steamed, grilled or roasted - Market Price			

See **Vegetarian Entrees** on the other side for more vegetable ideas!

Some items may require up to 72 hours' notice

Prices subject to change

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11/07



The Best... Naturally!

Hot Deli



The Best... Naturally!

Harvest Market
Located on the Corner
of Highways
1 and 20
Fort Bragg
707-964-7000

**Harvest
at Mendosa's**
10501 Lansing St.
Mendocino

Delivery Available

Pasta

- **Grilled Vegetable Lasagna** (vegetarian) - Grilled red & yellow bell peppers, sun-dried tomatoes, carrots, spinach, creamy cheese filling, roasted garlic, topped with toasted breadcrumbs, mozzarella & parmesan cheese \$32.99 serves 8-10; \$64.99 serves 16-20
- **Pesto Spinach Lasagna** (vegetarian) - Tender pasta, deeply flavored sauce, fine cheeses, and a pesto spinach combination \$49.99 serves 8-10; \$98.99 serves 16-20
- **Cheese Lasagna** (vegetarian) - ricotta, mozzarella, fontina, parmesan, provolone & cheddar cheese, tomatoes, spinach, onions, canola & olive oil, basil, almonds & spices \$55.99 serves 8-10; \$110.99 serves 16-20
- **Mexican Fiesta** - Pasta layers with beef, corn and spices from south of the border \$32.99 serves 8-10; \$64.99 serves 16-20
- **Meat Lasagna** - herb-seasoned tomato and meat sauce and three varieties of cheese \$34.99 serves 8-10; \$68.99 serves 16-20

Beef & Pork

- **Marinated Roast Beef Tri-tip** - a specialty of Harvest Market - your choice of butter-garlic or teriyaki marinades \$9.99 /lb.
- **Pot Roast** - with carrots & red potatoes \$59.99 full pan serves 16-20 (no 1/2's please)
- **Barbacoa Beef** - traditional Mexican BBQ with a medium-spiced, red sauce \$39.99 serves 8-10; \$78.99 serves 16-20
- **Stuffed Pork Chops** - Roasted with apple-almond stuffing \$8.99 lb.
- **Chili Verde** (pork)- tangy, green chili sauce \$29.99 serves 8-10; \$58.99 serves 16 - 20
- **St. Louis Pork Ribs** smokey & meaty \$9.99/lb.

Chicken

- **Dixie Fried Chicken:** crisp and juicy \$3.99/lb.
- **Rotisserie - Whole Traditional:** \$6.99 each
- **Rotisserie Whole Rosie™ Organic:** \$4.99/lb.
- **Baked Rosie™ Organic Breasts** herbed \$8.99/lb.
- **Baked Teriyaki Breasts:** \$7.99/lb.
- **Herb-roasted Breasts:** \$7.99/lb.
- **Chicken Tinga:** Chunks of chicken in a complex but mild, red chili sauce \$7.99/lb.
- **Baked Italian Chicken** with fresh rosemary, garlic & white wine:
 - Breasts & Thighs \$8.99/lb.
 - Organic Breasts & Thighs \$9.99/lb.
 - Thighs only \$7.99/lb.; Organic \$8.99/lb.
 - Breasts only \$9.99/lb.; Organic \$10.99/lb.
- **Chicken Florentine** - Boneless, breaded breasts filled with spinach & Swiss cheese \$15.99/lb.
- **Chicken Piccata** - lemon-caper sauce \$6.99/lb
- **Coconut Chicken Tenders** - boneless tenderloins in a light, crispy coconut breading \$6.99/lb
- **Stuffed Chicken Leg** - boneless legs stuffed with mushrooms & wild rice with a mushroom sauce - average 2 lb. each \$ 9.99/lb.

San Pan Chinese

Made fresh daily, including:

- **Lemon Chicken**
- **Spicy Shrimp**
- **Sweet & Sour Pork**
- **Tofu & Mixed Vegetables**
- **Szechwan Pork** and more...

plus **Veggie, Chicken & Pork Egg Rolls, Chow Mein.**

Fried Rice, Potstickers & Fortune Cookies-all for \$6.49/lb

Fish & Seafood

- **Wild Pacific Salmon** (in season) - marinated & grilled or planked - market price
- **Focaccia Crusted Snapper** - lightly breaded, with Italian seasoning and olives 5-6 oz. portions \$59.99 serves 10
- **Scampi-style Tilapia** - glazed with butter and garlic 4 oz. portions \$59.99 serves 10
- **Pecan-crusted Rainbow Trout** - boneless with butter and herbs \$49.99 serves 10
- **Cajun Catfish** - spiced with cayenne, red bell and jalapeño peppers, onion and garlic 4 oz. portions \$63.69 serves 10

Vegetarian - Vegan

- **Chili Rellenos** - Cheese-stuffed, mild, batter-fried green chilies in salsa \$6.99 /lb.
- **Grilled Tofu, Asian Sauce** - marinated in a sweet & tangy garlic-ginger sauce \$6.99/lb.
- **Eggplant Rollantini** - lightly fried eggplant with ricotta and mozzarella cheese and sun-dried tomatoes, hand rolled \$6.99 ea
- **Carrot Soufflé** - buttery home-style soufflé with carrots, flour, egg and spices \$6.99/ lb.
- **Tamale Pie** (vegan) - soy crumbles, corn, tomatoes, green peppers & onions in a rich, tangy tomato sauce with cumin, coriander and chili powder between layers of crisp cornbread crust.-4½ lbs \$33.99 serves 8-10

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